

PEACE AWARENESS

Labyrinth & Gardens



# Events

DECEMBER 2011—JANUARY 2012

at Peace Awareness Labyrinth &  
Gardens and Prana West

3500 W. Adams Blvd., Los Angeles, CA 90018

## Soul Dance Evening

1ST Thursdays Dec—no class / Jan 5 7:30 – 9 pm

Free (donations welcome)

Enjoy this fun, free-style dance evening—no expertise required! Move your body to great music in an uplifting setting with spiritual moments interspersed designed to assist you to connect with your heart and soul. For information visit [www.SoulDanceLA.com](http://www.SoulDanceLA.com).

## A Saturday Afternoon

### At the Labyrinth

Dec 10 & Jan 14 12 – 4 pm

\* Labyrinth Instructions Offered

\* Receive a Complimentary Journal

Spend an afternoon exploring your Soul. Reflect in the meditation garden; breathe beside water fountains; unwind walking the labyrinth. See beauty within you—and *leave recharged!*

## Spiritual Exercises 2-Day Workshop

Sat Dec 17—9am-10:30pm

& Sun Dec 18—9am-2:30pm

Tuition: \$45 (plus \$25 one time-only reg fee if taking a PTS class for 1st time)

Lunch Served Saturday - \$9

Prerequisite: For MSIA Soul Awareness Discourse Subscribers.

Spiritual Exercises are vital for students seeking to expand their awareness of Spirit and their Soul. In this workshop, students will practice these exercises in a loving environment. Information: Tonie Schulz 323.737.4055; [Tonie@pts.org](mailto:Tonie@pts.org).

What are you doing New Year's?  
Come Celebrate with God

## New Year's Eve Sacred Tones Workshop with Paul Kaye

Saturday Dec 31 8 – 10 pm

Free of charge (donations welcome)

Set the tone for the New Year with Spirit as your Partner. Chant the sacred names of God and participate in guided meditations and exercises designed to assist you to let go of the old while setting intentions for the new. *Holiday refreshments and celebrating follow.*

## New Year's Day Resolution Spiritual Spa Morning with John Morton with Spanish Translation

Sunday Jan 1 9:30 am – 1 pm

Cost: \$15 – includes Gourmet Brunch

Start off 2012 with a greater experience of yourself as Divine. Explore how Commitment, Devotion, Dedication, Consecration and Celebration lead to an experience of the Beloved in your heart. A special labyrinth walk will be conducted, followed by a celebratory brunch. Pre-registration encouraged.

## The Power Within You Workshop

Sunday Jan 15 2 – 5 pm

with David Bransky & Tracy Uttley

Free of charge (donations welcome) *Refreshments served* "Everything in your life is a reflection of what you have created, allowed or promoted at some time. Take what you have and use it to build the life you want." -John-Roger, DSS

Do you want to let go of blocks and create more of what you truly want? Come explore new methods to achieve both inner and outer success. Discover techniques to create your outer life in such a way as to reflect your inner majesty. Come early to walk the labyrinth and gardens.

For information, RSVP, Register, except where noted,  
contact PALG Registrar 323-737-4055 ext 1137,  
[Registrar@peacelabyrinth.org](mailto:Registrar@peacelabyrinth.org)



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“One of L.A.’s hidden treasures.” – L.A. Magazine



## PEACE AWARENESS LABYRINTH & GARDENS PUBLIC VISITS & TOURS, LABYRINTH WALKS

Sundays 12 - 4 pm

Tuesdays--Fridays 11 am- 3 pm

### Buffet Dinners

\$9 M-Th 6pm F 5:30pm

Relax in the meditation garden; breathe beside water fountains; unwind walking the labyrinth; tour the historic mansion; enjoy delicious fare; experience peace—*leave re-charged!* Come visit what L.A. Magazine calls “One of L.A.’s hidden treasures”—a Spiritual Oasis in the City.”

(\*CLOSED Dec 24-26, Jan 10\*)

*Unable to make it to a location for a class? Try a Tele-Workshop—from home via phone or Skype—and connect with folks from around the world.*

Free of charge, Registration required

For information or questions contact [DebbieRoth@msia.org](mailto:DebbieRoth@msia.org); 323-328-1979.

**THE POWER OF INTENTION** *TELE-WORKSHOP*

**Wednesday Jan 18 5:30 – 7 pm PST**

**With Peter Bort & Patti Clark**

*“Choose your intention carefully and then practice holding your consciousness to it, so that it becomes the guiding light in your life.”*

—John-Roger, DSS

Discover what your life is already telling you about what you truly want. Learn ways to align your intentions with Spirit and energize your direction for the new year. Allow your intentions to unfold through you as you attune to the wisdom of your heart.

Registration Link: <http://msia.org/info/tele14>

## ON-GOING CLASSES

Free of charge (with donations welcome)

### Sacred Tones Meditation Evening

Every Monday 7:30-8:30pm

Experience an inner attunement to Spirit and your own divinity as you practice these guided meditations and sacred tones taught by John-Roger. A great way to explore meditating for the first time and to enjoy the support of meditating with others.

### Spanish-Speaking Workshops & Classes

Every Wednesday 7:30-9:30pm *Refreshments follow*

For information contact Jaime Ramos at 323-877-2030 or [jramos@pts.org](mailto:jramos@pts.org)

1st Wed – Sacred Tones Workshop; 2nd Wed – Workshop; 3rd Wed – Video; 4th Wed – Workshop. (5th Weds – Free-form Writing Workshop)

### John-Roger and John Morton Video Seminar Screenings

Every Friday 7:30-9:00pm

Refreshments follow

Listen to wisdoms of the spiritual heart on such topics as God, Soul transcendence, forgiveness, loving, abundance and more. These priceless video seminars are the next best thing to being there!

Dec 2 – The Action of the Christ, with John-Roger

Dec 9 – Forgiveness Through the Christ, with John-Roger

Dec 16 – Practical, Workable Spirituality, with John-Roger

Dec 23 – Sharing This Holy Night, with John-Roger

Dec 30 – Sharings with John-Roger from the Living in Grace Retreat

Jan 6 – Intention, Awareness and Christ Consciousness, with John-Roger

Jan 13 – Nuclear Radiation from Ground Zero, with John-Roger

Jan 20 – Spiritual Laws and the Spiritual Compass, with John Morton

Jan 27 – Demonstrating Fundamental Change, or Behavior? With J-R

FOR INFORMATION, RSVP, REGISTER, EXCEPT WHERE NOTED, CONTACT PALG REGISTRAR 323-737-4055 EXT 1137, [REGISTRAR@PEACELABYRINTH.ORG](mailto:REGISTRAR@PEACELABYRINTH.ORG)

## CLASSES AT PRANA WEST

Just 2 short blocks west of PAL&G at 3726 West Adams

### FREE-FORM WRITING CLASS

Every Wednesday 7:30-9:00pm

This class teaches an amazing, simple and effective technique taught by John-Roger to help clear subconscious and unconscious levels. Participants get the support of practicing this technique together in class. For information contact Tonie Schulz at 323-737-1534 or [Tonie@pts.org](mailto:Tonie@pts.org).



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